

# **ASICS 2005 East Coast National Beach Wrestling** **Championships** **Long Beach, Long Island, NY** **Saturday, August 13th**

**Style** – Beach Wrestling

**Registration** – 9AM-11 AM

**Rules Clinic** – 11:30 AM

**Wrestling Begins** – Noon

## **Divisions**

***High School Boys, High School Girls, College, Open and Women***

**Rules** – Wrestling will take place on sand within a 20' diameter circle. One, 3 minute period. Double elimination. Victory will be determined by the following criteria:

- Score a fall by forcing the opponent's shoulders to the sand and / or execute a 5 pt. throw
- Score by two individual actions – takedown, throw, push out or flee the circle
- At the conclusion of the three min. period, the winner will be determined by:  
After the three-minute period ends, the match is determined by these criteria:  
A. last to score; B. penalties; C. freestyle clinch

**High School Division** - grades 9-12: must be enrolled in HS for 2005-2006 season

**College** – must be eligible for college for the 2005 – 2006 season

**Open Men and Women** – open to any HS graduate not currently enrolled in College

**Uniforms** – athletic swim trunks for men; one or two piece bathing suit for women

**Wt Classes** – There is no weigh-in for Beach Wrestling. Participants are divided by estimated mass into 4 – 6 wt. Categories in HS, and two in the Open Division, depending on the number of entries and their individual sizes.

**Awards** - plaques will be awarded to the top 3 place finishers in each category

**Affiliation** – all contestants must be current USA Wrestling members in order to participate. A one time event card will be available at registration for \$10 for those not currently members of USAW.

**Fees** - \$20 pre registration prior to event. \$25 at registration

All directions, motel and lodging information to Riverside Beach in Long Beach are available online at [www.MWAUSA.org](http://www.MWAUSA.org) as well as additional information regarding the event. You may also register online as well. Call Sally at TW Promotions at 631-588-4343 x104 for more information.

**ENTRY FORM – NEXT PAGE**

**ASICS 2005 East Coast National Beach Wrestling**  
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**Entry Form**

Name \_\_\_\_\_ Summer Weight \_\_\_\_\_  
Address \_\_\_\_\_ Age \_\_\_\_\_  
State \_\_\_\_\_ Zip code \_\_\_\_\_  
Email address [**\*\*we will confirm pre registration via email**] \_\_\_\_\_  
Phone (     ) \_\_\_\_\_  
Division [please circle]  HS Boys  HS Girls  College  Open  Women

2005 USA Card Number# \_\_\_\_\_

\*\*\*\*Championship Tank Top Shirt: include \$10 on this entry form for an official T-shirt at a discounted price. Shirts will be distributed at registration. You may order more than one shirt. Indicate size:  small  medium  large  x-large  xx-large  
 total order

I have enclosed a check for \$ \_\_\_\_\_ which includes the following [please circle]:  
 \$10 pre registration  T-shirt  Size

Credit card number [MC or Visa only] \_\_\_\_\_ Exp. Date \_\_\_\_\_  
Signature \_\_\_\_\_ Vin # \_\_\_\_\_

**Please make check payable to the "MWA"**

**LIABILITY RELEASE** I, the undersigned, individually and as a parent/guardian \_\_\_\_\_ a minor, ask that he/she be admitted to participate in the above USAW sponsored event. I do hereby agree to release, discharge and hold harmless the MWA and USAW, their agents and employees of and from all causes, liabilities, and damages, claims, or demands whatsoever on account of any injury or accident involving the said minor arising out of the minor's attendance at the sporting event or in the course of competition held in connection with this event. I also give permission for my child's photograph to appear in promotional material regarding this event.

PARENT/GUARDIAN SIGNATURE REQUIRED: \_\_\_\_\_

**Please mail, e-mail, or fax to:**

**TW Promotions, Inc.**  
**845 Marconi Ave**  
**Ronkonkoma, NY 11779**  
**Attn. Sally Schmitt**  
**631-588-4343 x104**  
**631-588-6787 {fax}**  
**Email: [SallyTWP@aol.com](mailto:SallyTWP@aol.com)**